

# Christian Murphy

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Psychotherapy  
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## Privacy & Data Protection Policy

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I am committed to protecting your privacy and complying with the terms of the General Data Protection Regulation (GDPR) regarding the responsible and secure use of your personal data. This Privacy & Data Protection Policy should be read in conjunction with the Privacy Policy & General Privacy Notice available on my website at [www.christianmurphy.com](http://www.christianmurphy.com).

I'll be processing personal data relating to you in order to provide the psychotherapy or other consultation services we have contracted for. The purpose of this statement is to let you know what personal data I collect and hold, why this personal data is collected, how long it is kept and what your rights are with regard to this personal data. I'm registered with the Information Commissioner's Office (ICO) Registration Number ZA484614.

### Collection

I'll collect personal data such as name, address, date of birth, gender, GP/medical practitioner details, telephone numbers, e-mail address and video conferencing addresses. I may also collect any personal data you give me regarding personal and family background, relevant details of your current situation, as well as potentially sensitive personal data relating to medical and mental health conditions.

Any ongoing clinical notes I make about our work together are limited to what has been said or communicated between us, as well as any specifically relevant practical details that need to be collected during the course of our work together. My clinical notes will not contain any extensive commentary or interpretation that I haven't shared with you or given you an opportunity to comment on or correct. I don't provide written psychological/psychiatric assessments or reports, but I can refer you to an appropriate colleague should you require such a document.

### Usage

I'll use your personal data in the following ways:

- To provide psychotherapy and/or consultation services in accordance with our agreement to work together.
- To communicate with you about scheduling our appointments and other administrative aspects of our work together.
- To fulfil any of my legal, ethical and professional obligations related to our work together.

### Sharing

I have a duty of confidentiality to you which I regard as a central aspect of our work together. Further details of my duty of confidentiality to you can be found in my Confidentiality Policy. I will not share any information about you with other organisations or people, except in the circumstances described in my Confidentiality Policy.

### Security

- All personal data you provide will be stored as securely as possible. I'll take all reasonable precautions to prevent the loss, misuse or alteration of personal data.
- My accounts, invoicing and clinical records are managed via appropriate password-protected